

Conservation

is not just for Greenpeace!



With the new adhesive dental materials available, it is now possible to restore teeth that are worn or decayed with a lot less drilling and destruction involved. Not only does this make it much more comfortable for you, but it allows us to preserve much more of your tooth's natural structure which is stronger and leads to a much better long term prognosis.

More recent thinking has led to a much more holistic approach in dentistry. Where previously, veneers (porcelain laminates) and crowns (caps) would have been the only way to improve your smile, you could now have a great smile with a combination of orthodontics, whitening and bonding to straighten and brighten a crooked smile and build up worn and discoloured teeth. As well as involving little or no loss of natural tooth, these minimal techniques are far more minimal on your wallet!

In addition, where previously a bridge may have been the only fixed solution to replace missing teeth, a process that involves drilling down the adjacent teeth, you could now have implants

to replace missing teeth without having to touch the other teeth with a drill, or to close the space with orthodontics.



As always, prevention is better than cure. Preventing loss of tooth substance, or even entire teeth through stress-related grinding, poor diet and/or poor oral hygiene or general lack of information remains our priority. By attending for your maintenance appointments at the prescribed intervals, we will be able to monitor your oral health and advise you of any potential problems developing.

David, Karim, Dev and George between them have a wealth of experience in creating your new smile or improving and maintaining your existing one. We have examples of their work available to view, but Naseema is living proof of dental bleaching and bonding in action. Please don't hesitate to ask her about it.

Many of you have asked about dental payment schemes and ways of covering the cost of dental treatment. Here at our practice, we provide you with an itemised treatment plan and cost at your consultation so that you know what we will charge you each time you attend.

However, as with many other services, you may prefer to spread the cost of your routine dental care on a monthly basis.



Denplan is a nationally recognised scheme we are part of here at Kew Dental Care.

David, George or Karim could accept you and your family onto the scheme following an assessment once you are deemed dentally fit. They will be able

to advise you of your monthly fee that includes your routine dentistry such as: examinations, fillings, hygiene appointments, X-rays and emergency visits. Items usually not covered are: cosmetic treatment, laboratory bills and specialist treatments such as orthodontics and implants.

There are information leaflets in the waiting area or do ask one of us for more information.

Until next time, Keep Smiling!

Best wishes

David & Naseema

Appointment changes

As a courtesy to our clinicians and other patients who may be waiting for appointments, we ask that you give us as much notice as possible if you need to change your appointment, especially if it is a long one that you have booked. Please refer to our website for further details.



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Articles contained within this newsletter are provided for information only and should not be taken as a recommendation for any specific dental treatment or procedure. For further advice contact the dental practice.
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K E W
D E N T A L C A R E

Smile Update

Welcome to our latest newsletter

'Less Is More' as the saying goes. In this edition, we will be looking at Minimal Intervention Dentistry and how new techniques and materials help to preserve your teeth, with minimal drilling and removal of existing tooth material.

And in this edition, surprising statistics on national toothbrushing habits, but be warned, it may make your toes curl!

Also, a reminder for you to please check and update your details including your email addresses and changes to your medical history. Please include an emergency contact in the rare event you are taken ill on the premises.

We hope you enjoy it.



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