## **New Covid protocols**

We require all patients (unless medically exempt) to wear a mask when visiting the practice. This is for your safety as well as the safety of our staff and ourselves. The most recent study in December 2021 carried out by the CDC showed that mask wearing is effective. Until we are advised otherwise by our regulatory bodies and the science community, this practice policy will be upheld.

Please remember to use the motionactivated hand sanitiser at the front door when entering and leaving the practice.

If sent to you, please do fill in the medical forms online prior to your appointment as this reduces the risk of contamination of having to fill in a hard copy medical history form in reception.

We have increased the length of all our appointments to allow for extra cleaning time especially after AGPs (aerosol generating procedures) and ask that you inform us before your appointment if you are suffering from any covid symptoms (high temperature/persistent cough/ shortness of breath/loss of taste or smell/ tummy trouble/rashes) or have had a positive covid test.

Our hygiene appointments will now be: H30 £70: 30 minutes handscaling and polish; H45 £95: 45 minutes ultrasonic scaling and

polishing; H60 £160: 60 minutes deep clean with the ultrasonic scaler (local anaesthetic if necessary) and polishing. The cost of the appropriate PPE is included. Your dentist will advise which appointment you'll need based on your clinical requirement.

While we appreciate some patients need an accompanying adult/carer, in order to maintain some social distance, please attend only with the patients who have appointments booked to avoid crowding in the reception area.

Like us, we're sure you're all weary of this pandemic and we all look forward to the day when we can return to some semblance of normality, even though we know life will never be the same as it was before 2020. However, in the meantime, it is important we follow the protocols to allow us to continue to work in an environment that is safe for us, our staff and for you so we thank you for your compliance.

### **CORONAVIRUS** PREVENTION





**Opening hours and team roster:** 

With all the changes, we thought it would be useful for our patients to have a written schedule of who is in surgery on any given day so you can plan your visits in advance if you wish to see a particular clinician.

Monday	8 - 6 2.30 - 6	David and Nicole Joanne
Tuesday	8 - 4 8.30 - 4	David and Sarah Karim
Wednesday	8 - 6	David and Rose
Thursday	8 - 5 8.30 - 5	David Karim
Friday	8 - 1	Nicole and Joanne
On alternate weeks:		
Friday	8 – 1	Nicole

The practice is closed at weekends but our registered patients can access emergency care and advice by calling the practice number 020 8878 7833, or emailing us on office@kewdentalcare.co.uk out of hours.

Thank you for your continuing support. We look forward to seeing again soon.

Until next time, Keep Smiling!

David and Naseema





visit our website

# Smile Update

### **Newsletter Spring 2022**

### Welcome back to our newsletter

We hope you have all been well and coped with the changes Covid-19 has brought to us all.

Here at Kew Dental Care, we have had some changes of our own as we bid farewell to some very familiar faces but welcome a new, enthusiastic team to care for you and your families.

Please read on to learn about our new team members and new protocols and please

www.kewdentalcare.co.uk for further information.

## PLEASE

Kew Dental Care 105 North Road, Kew, Surrey TW9 4HJ t: 020 8878 7833 e: office@kewdentalcare.co.uk w: www.kewdentalcare.co.uk

### **Our New Team**

David and Karim continue to lead our restorative team. They have been working hard since we reopened in June 2020 after the first lockdown and continue to deliver excellent dentistry while adopting the new Covid protocols.

The ongoing pandemic has not stopped the learning process with David having just been on a hands-on course to further improve his composite skills. It's good to see he's still as enthusiastic about his dentistry and keen to learn new techniques.

Karim continues to place implants with success and still offers intra-venous sedation for severe dental phobics. However, his calm and gentle manner mean that even the most nervous patients rarely need it after a consultation with him.

We said goodbye to our orthodontist, Samir Farmahan last spring when he joined an orthodontic practice closer to home but welcomed Joanne Collins in March 2021.



Joanne Collins



Joanne has been a Consultant

Specialist Orthodontist at

Eastman Dental Hospital

since 2012 and working at

to treat adults and children

with complex and simple

Kew Dental Care will allow her

orthodontic issues. She has a

keen interest in early treatment

and impacted teeth and already

and management of missing

### works closely with David. Karim and our hygienists on multidisciplinary cases.

Joanne is an authorised Invisalign practitioner and can also discuss more aesthetic options for fixed braces, such as tooth-coloured brackets and white wires for those who may not want to advertise their braces to the world at large!

Joanne lives locally and enjoys spending time with her young family as well as yoga, tennis and running in Richmond Park (when she has the time!)

> We also welcome Aman Hans to the team.



### Aman Hans BDS (Lond)

Aman qualified from Kings College London with distinction 2007. She is extremely passionate about providing the best possible care to her patients. Her aim is always to preserve as much natural tooth as possible and to aspire to emulate natural teeth in terms of function and aesthetics. She has also just completed a Master's degree in Aesthetic Dentistry from Kings College London. Dentistry is far more than a profession to Aman; it is her passion. She enjoys building relationships with patients and empowering them to understand and improve their oral health.

She has also recently completed examinations to become a member of the Joint Dental Faculty of the Royal College of Surgeons of England.

Outside dentistry, Aman also lives locally and is kept busy as a mum to two young children and enjoys learning all she can about astronomy.

David and Aman have both completed their Master's degrees in minimally invasive restorative techniques. This means that they can improve your smile by techniques such and bleaching and bonding (using white composite resin) rather than destructive tooth removal such as that seen with porcelain veneers. This promotes long-term stability and sustainability for your teeth.

David, Karim, Aman and Joanne will be able to work together to ensure that you can have the best smile possible in the least traumatic way.

### Some of the new (and old!) team

Last summer we said goodbye to Candice, our head dental nurse after ten years. We were sorry to see her leave after so many years with us and wish her the best for her future near her home and family in Greenock.

We have a new nursing team with Lizzie, Pari and has been anchoring reception with and Sahar joining us. Their professionalism, empathy and warm, friendly manner has already attracted many positive comments.

Last but definitely not least, we have Frances on reception. Frances joined us in July 2020 her calm, efficient personality and sunny disposition. Many of you already know Frances and how vital she is to us.

Please do look at the updated website for more information on our new team.





Many of you will know our focus at Kew Dental Care has always been primarily on oral health as well as aesthetic improvement. As we have always said, there's no point in building a beautiful house on shaky foundations. To that end, our hygiene team are vital. Not only do healthy gums give you fresh breath but there is now evidence that poor gum health is linked to general health conditions such as heart disease, strokes and diabetes. More recently, a study by McGill University found that patients with periodontitis had more severe outcomes when admitted to hospital with Covid-19. We have expanded our hygiene team to include our new dental therapist, Nicole Gaffney to ensure plenty of availability for maintenance hygiene appointments.

Nicole Gaffney

Nicole Gaffney graduated with a BSc Dental Hygiene and Dental Therapy from Teeside University in 2019. She worked in a busy practice the North-East before relocating to London in December 2021. She enjoys helping patients of all ages improve their oral health as well as their overall health through her holistic approach.

In her spare time, she loves being with friends and family as well as travelling and trying different foods. She also enjoys crafts such as painting, drawing embroidery and crochet which certainly help with manual dexterity!

Nicole joins Sarah Alltree and Rose Campbell as part of our hygiene team.



From left: David, Pari, Sarah, Sahar, Frances, Karim and Lizzie