



Welcome to our latest newsletter

Dear Patients & Friends of Kew Dental Care,

Spring is a time for new beginnings, and this edition brings news of heartfelt farewells and exciting new chapters. We have wonderful updates to share about our team, our clinical services, and the treatments available to help you look and feel your very best.

As ever, our commitment to delivering the highest quality dental care in a warm and welcoming environment remains at the heart of everything we do.

WHAT'S NEW

LEAVERS

Farewell to Frances Hayes

NEW STARTERS

Meet Alessia Di Palma

WELCOME BACK

Dr Sinead Hill returns

TMJ TREATMENT

Botox for jaw pain

IMPLANTS & ORAL SURGERY

Meet our specialists

Our Team — Spring 2026

A Fond Farewell — Frances Hayes

Receptionist & Front of House Lead

After nearly six wonderful years, our beloved Front of House Lead and Receptionist, Frances Hayes, will be leaving Kew Dental Care to return to her home in Ireland. This is a moment that calls for both celebration and bittersweet reflection.

Frances has been the warm, reassuring first face and voice that so many of you have come to know and love. Her dedication, professionalism, and genuine care for every patient have been nothing short of extraordinary — navigating every query with effortless grace and a smile that could put even the most nervous patient at ease. We warmly encourage you to say goodbye at your next visit.

“Frances, you have given so much to this practice and to every patient who has walked through our doors. Your warmth, efficiency, and infectious positivity have made Kew Dental Care the place it is today. We will miss you tremendously. Wishing you every happiness in Ireland.”

— Dr Aman Bath & the Kew Dental Care Team

“It has been the most wonderful privilege to be part of the Kew Dental Care family for nearly six years. I have loved getting to know each and every one of you — your stories, your families, and your smiles. You have made coming to work a genuine joy every single day. Thank you from the bottom of my heart. I will miss you all enormously, and I carry the warmest memories of this practice with me always.”

— Frances Hayes

Our commitment to excellent communication remains as strong as ever. You can reach us on 020 8878 7833 or office@kewdentalcare.co.uk.

Welcoming Alessia Di Palma



Alessia Di Palma | Receptionist & Front of House Lead

We are delighted to introduce Alessia Di Palma, who joins us as our new Receptionist and Front of House Lead. Originally from Italy, Alessia brings a wonderful blend of warmth, professionalism, and a genuine passion for patient care.

With six years of experience across leading dental practices, she understands precisely what makes the patient journey exceptional. A creative soul and talented writer, Alessia will no doubt love her lunch breaks in the beautiful Kew Gardens.

“I am so excited to be joining the Kew Dental Care family. Please do not hesitate to say hello — I am here to help in any way I can.”

— Alessia Di Palma

Welcome Back — Dr Sinead Hill

We are thrilled to announce that Dr Sinead Hill is returning to Kew Dental Care. Many of you will remember Sinead fondly — she is a talented and dedicated clinician and we are absolutely delighted to welcome her back.

General & Restorative Dentistry

Sinead provides the full breadth of dental care — new patient examinations, routine check-ups, and all restorative treatments including fillings, crowns, bridges and root canal therapy. She takes a thorough, patient-centred approach to every appointment.

Cosmetic Dentistry, Facial Aesthetics & Teaching

Sinead has a particular passion for cosmetic composite bonding — a minimally invasive technique that can dramatically transform a smile. She also provides Facial Aesthetics treatments. A respected educator, she regularly mentors and teaches composite bonding techniques to fellow dentists.

Botox for TMJ Pain Relief

Did you know that Botulinum Toxin (Botox) can offer significant relief for patients suffering from Temporomandibular Joint Disorder (TMJD)? This increasingly well-evidenced application can be transformative for those experiencing jaw pain, persistent headaches, facial tension, or teeth grinding.



Kew Dental Care

How Does It Work?

When injected into the masseter muscles, Botulinum Toxin temporarily reduces their activity, relieving excessive force that causes pain — often within days, lasting several months. Many patients also notice a subtly slimmer jawline.

The treatment is quick, minimally invasive, and carried out by Dr Sinead Hill. Please ask at your next appointment or call us to arrange a consultation.

Implants & Oral Surgery — Our Specialists

At Kew Dental Care, we are fortunate to have two exceptional clinicians leading our Implant and Oral Surgery services. Their combined expertise ensures our patients have access to some of the finest specialist-level care available in London.

Dr Yusuf Alshafi

BDS (Lond), MSc (Implants), MFDS, RCSEd

Dr Alshafi is one of the most accomplished oral surgery and implantology specialists practising in the UK. He graduated from Guy's, King's and St Thomas' Dental Institute, holds an MSc in Implantology, and completed a Senior House Officer post at Guy's Hospital. He is also a Member of the Faculty of Dental Surgeons at the Royal College of Surgeons, Edinburgh.

Having placed well over 1,000 implants, Yusuf offers the full clinical spectrum: single and multiple implants, full-arch (All-on-4/6), zygomatic implants, bone grafting, complex wisdom tooth surgery, cosmetic gum surgery, and PRF therapy. He teaches postgraduate courses across London, the Middle East and Europe, and mentors dentists entering implant practice.

Dr Kaezar Bamrah

BDS (Bristol), MSc (Implants)

Dr Bamrah qualified from the University of Bristol before completing a Master's in Dental Implantology. He brings a wealth of experience in implant dentistry, cosmetic treatments, and advanced oral surgery — including wisdom tooth extractions and bone grafting.

Kaezar is particularly known for his gentle, empathetic manner — a firm favourite with anxious patients. He takes great care to create a calm, tailored experience and has built a loyal patient base through his warm approach and high-quality results. Local to Kew, his children attend nursery and school right here in Kew Village.

Case Study: Same Day All-on-4 Dental Implants

The following case was treated by Dr Yusuf Alshafi and illustrates the life-changing transformation that same day implant treatment can achieve.

This patient presented with multiple missing teeth and several remaining teeth that were failing and beyond salvage. After a thorough consultation and careful treatment planning, it was agreed to remove all failing teeth and rehabilitate the patient with a Same Day All-on-4 implant restoration — replacing an entire arch of teeth in a single appointment.

The failing teeth were removed and four implants placed strategically on the same day. A temporary fixed bridge was then fitted immediately — so the patient left with a full set of teeth. After a healing period of three to six months, final impressions were taken and the definitive permanent bridge placed, completing the transformation.

BEFORE



BEFORE



AFTER



AFTER



Think implants might be right for you?

Whether you are missing a single tooth or considering a full-arch restoration, we would love to help. Call us on 020 8878 7833 or email office@kewdentalcare.co.uk to arrange a consultation with Dr Alshafi or Dr Bamrah.

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